Community Living Support Centre 101-103 Bega Street PO Box 860 BEGA NSW 2550



ORDERS FROM MONDAY 4th September



02 6492 4146

## **Spring 2023**

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## foodservices@bvmow.org.au

BEEF	PRICE	QTY
Beef Rissoles w/ Onion Gravy + Mash (GF)	\$7.70	
Corned Silverside w/ White Sauce and Creamy Mash	\$7.70	
Shepherd's Pie (GF)	\$7.70	
CHICKEN	PRICE	QTY
Roast Turkey w/ Homemade Gravy	\$8.80	
and Roast Potato and Vegetables (DF)(GF)		
Chicken Mornay w/ Spiral Pasta and	\$7.70	
Vegetables		
Chicken Honey Curry w/ Rice (DF)	\$7.70	
Chicken Schnitzel w/ Gravy, Mash and	\$7.70	
Vegetables		
Lebanese Chicken w/ Rice and	\$7.70	
Vegetables (DF)(GF)		
LAMB	PRICE	QTY
Roast Lamb w/ Homemade Gravy	\$8.80	
and Roast Potato and Vegetables (DF)(GF)		
Slow Cooked Lamb Shanks w/ Creamy Mash and Vegetables (GF)	\$8.80	
PORK	PRICE	QTY
Roast Pork w/ Veg + Gravy (GF)(DF)	\$8.80	
BBQ Pulled Pork w/ Potato Gratin and	\$8.80	
Vegetables (GF)		
Quiche w/ Bacon + Spinach + Cheese	\$7.70	
DESSERTS	PRICE	QTY
Chocolate Mousse w/ Fresh Cream	\$3.60	
Lemon Cheesecake w/ Cream	\$3.60	
Pavlova w/ Fresh Cream and	\$3.60	
Strawberries		
Sticky Date Pudding w/ Butter Scotch Sauce	\$3.60	

Name:	
Delivery Run:	
Delivery Date:	

SEAFOOD	PRICE	QTY
Baked Fish w/ Parsley Lemon Butter (GF)	\$7.70	
Barramundi Fillet w/ Ginger Shallot Butter (GF)	\$8.80	
Crumbed Fish w/ Baked Potato Wedges and Vegetables	\$7.70	
Creamy Garlic King Prawns w/Rice	\$9.20	
VEGETARIAN		
Indian Vegetable Curry w/Rice (GF)(DF)(V)	\$7.70	
PETITE MEALS	PRICE	QTY
Roast Chicken w/ Homemade Gravy	\$6.30	
and Roast Potato and Vegetables (DF)(GF)		
Tuna Mornay w/ Creamy Mash	\$5.50	
Sweet + Sour Pork w/ Rice (GF)(DF)	\$5.50	
Beef + Red Wine Casserole w/ Mash	\$5.50	
Beef Lasagne	\$5.50	
Grilled Sausage w/ Gravy + Mash	\$5.50	
Savoury Mince w/ Mash (GF)	\$5.50	
Creamy Chicken and Mushroom Casserole w/ Couscous and Vegetables	\$5.50	
Curry Sausages w/ Creamy Mash and Veg	\$5.50	
Chicken Fried Rice ( <i>DF</i> )(GF)	\$3.80	
Bolognaise w/ Spiral Pasta	\$3.80	
SOUP	PRICE	QTY
Potato and Leek (DF)(GF)	\$3.60	
Creamy Pumpkin (GF)	\$3.60	
Chicken and Vegetable (GF)(DF)	\$3.60	
RESOURCE PLUS DRINKS	PRICE	QTY
Chocolate	\$1.10	
Strawberry	\$1.10	
Vanilla	\$1.10	
Fruits of the Forest Juice	\$1.20	